



NEWSLETTER

Issue 8.
June 2007

Witham Dolphins Swimming Club

Member of the Amateur Swimming Association

AGM

The AGM will be held on June 10th at 6pm. The following positions are available if you feel you would like to participate in the running of the club:

Open Gala Secretary

Fixtures and Competitions Secretary

Assistant Manger, Shop

Please note parents need to be an ASA member to vote at AGM see notice board for more information, or email secretary@witham-dolphins.org.uk.

SUMMER CLUB CHAMPIONSHIPS

THERE IS A LIST ON THE NOTICE BOARD OF THE EVENTS PLEASE ENSURE YOU TICK THE BOXES FOR THE RACES THAT YOU WISH TO COMPETE IN BY MONDAY 4TH JUNE.

Entry cards will be distributed on Sunday 10th June from 4.45pm, when payment should also be made.

17th & 24th June:

Futures/Juniors and Development warm up 5pm-5.20pm

A Squad Warm up 5.20pm-5.40pm

Cards to be submitted by 5.15pm Start approx: 5.45pm

1st July:

Normal Training times for Juniors, Futures and Development

Warm Up for swimmers competing in IM 6pm-6.20pm

Cards to be submitted by 6.00pm

There is NO TRAINING for anyone not competing in any event.

Masters who are not competing should be aware that there may be a delay in training due to possible over run of the club champs.

COLCHESTER OPEN EVENT MAY 26TH

We fielded a total of 16 swimmers across the various disciplines and age groups. They were Emily McIntosh, Emily Bulleid, Hannah Flight, Stephanie Agar, Lauren Baker, Sarah Purnell, Lauren Flight, James Dickson, Tom Smith-Evans, Joe Hellier, Matthew Stoker, Catherine Lumley, Gemma Wass, Matthew Holland, Jennifer Stott, & Sarah Digby.

In addition to some debut swims by three of the swimmers, the most notable medal placings within the age groups were;

With all our swimmers doing at least one PB on the day.

Lauren Flight - 1st 50m Backstroke - 2nd 50m Butterfly - 3rd 50m Breaststroke - 4th 50m Freestyle - 5th Individual Medley

Jennifer Stott - 1st 50m Breaststroke

Lauren Baker - 2nd 50m Breaststroke - 6th Individual Medley- 6th 50m Freestyle

Catherine Lumley - 2nd Individual Medley

Joe Hellier - 3rd 50m Freestyle - 5th 50m Breaststroke

Gemma Wass- 5th 50m Backstroke - 5th 50m Freestyle

Sarah Purnell - 6th 50m Butterfly - 6th 50m Backstroke



The Wisbeach Open on Sunday 28th saw Catherine Lumley gain a fantastic 4th place in the 100m Backstroke event.

FORTHCOMING EVENTS

Mini Leagues

June 9th Clacton

September 8th Canvey Island

October 13th Havering

SUMMER CLUB CHAMPS

June 17 & 24 July 1st

SUMMER B-B-Q

Sat 14th July

Keep your eyes on the notices board for further details

June Birthdays

Grace Hellier

Catherine H Lumley

Shelley J Moore

Harpreet Mulla

Jacob Oram

Glen M Pallett

Lauren Rushen

Demi-Ellen Warriner

July Birthdays

Steven Beasley

Guy Buckle

Jamie Doran

Connor Haddow

Michael D Harrison

Troy R Lloyd-Warne

Casey M Reed

Lauren E Tawn

Gemma Wass