



# Dolphin News

*the newsletter of Witham Dolphins Swimming Club*

Issue 13

May 2008

*Apologies for the lack of newsletters in recent months. We will endeavour to get them back on a monthly basis*

*The Editor*

## Essex County Championships

We had our largest number of swimmers ever at this year's events, 12 in all winning more medals than ever before. **Lauren Baker** took the Silver medal in the 12 Year old 50m Breaststroke event and **Sam Mitchell** and **Jenny Stott** took Bronzes in the 50m and 100m Breaststroke respectively in the 13 years age group.

A big well done to all our other Essex Swimmers this year, namely: **Hannah flight, Dolly Trigg, Joe Hellier, Grace Hellier, Mikeala Gore** and **Stephanie Agar** all of swam at their first County event, plus seasoned Dolphins **Lauren Flight, Lauren Egg, and Catherine Lumley**

**THAT'S FANTASTIC.**

## Essex Masters Championships

Congratulations also to **Catherine Lumley, Jenny & Dean Shepherd** and **John Pitt** for their fantastic performances at this event. **Catherine** won 6 Gold medals and was the Championship's 'Top Female' in the 18-24 age group, **Jenny** won 2 Golds and a Silver, **Dean** 2 Golds, a Silver and a Bronze and **John** won a Bronze and had two 4ths and a 5th.

**THAT'S FANTASTIC.**

## World Masters Long Course Championships

Congratulations to who else but Hannah Ueckermann on competing in this event in Australia last month. Not only competing but winning medals. Hannah won a Silver medal in the 200m Breaststroke and a Bronze in the 100m Breaststroke events. How fantastic is that ?

**THAT'S FANTASTIC.**

**WELL DONE to everyone and thanks to everyone that came along to support**

## **WEBSITE BACK UP AND RUNNING**

Our thanks to Mitch Vaughan who has recently taken on the role of managing the Club's Website. Mitch is currently refreshing the site and bringing it up to date, but this will take a little while but watch out for the latest Club news, upcoming events and a lot more... Is there anything you want to see on the site ? E-mail the Webmaster himself using the contact details on the site' home page. Take a look at [www.witham-dolphins.org.uk](http://www.witham-dolphins.org.uk).

A REMINDER!! **ALL SWIMMERS MUST** wear a club hat and black/black and white costumes when representing the club in ALL Galas.

It is also **essential that all swimmers** stay within the whipping area, in order that swimmers are at the blocks in good time for their races and that the whips are not frantically searching the pool & changing rooms for missing swimmers.

## Forthcoming Gala

**Mini League** - Sat 14th June  
at Canvey Island, 6pm Warm up

Watch out for details on the Noticeboard

## CLUB SHOP

Apologies for the Shop not being available recently. We appreciate how inconvenient it has been.

We are pleased to announce Colin and Joyce McIntosh are taking over the running of the Shop and will be opening it again on a regular basis very soon, once a full stock check has taken place.

In the meantime if you require anything please speak to Colin or Joyce who will endeavour to help you.

**AGM — 8th June 2008 at 6pm**  
**in the Conference Room at Bramston Sports Centre**

It is essential that parents attend this meeting to find out about what the Club is doing for the future - please attend if you can.

You will have seen the notices on the board that the club is short of volunteers at the moment and, as mentioned in the letter to all Club members in February, some activities will have to be curtailed if help is not received. Nobody wants this to happen and every effort is being made to avoid this happening.

Not everything needs to take up much of your time or effort, so if you feel that you could give a little assistance please take a look at the vacancies on the Noticeboard.

We are only a small club and a few people are doing too many jobs. Please try to help out.

The Club is run for the children who swim and it'd be a shame for them to have to miss out if some non swimming activities are not able to continue.

**Summer Club championships**

This year's Summer Champs will be held on three consecutive Sundays in June as below.

**15 June — Butterfly and Backstroke**

**22 June — Breaststroke and Freestyle**

**29 June — Individual Medley**

For the first two events the Junior and Futures squads will warm up at 5pm and all other Squads will warm up at 5.20. Please note: all cards must be posted by 5.15.

On Sun 29 June the Juniors and Futures Squad will train as normal and the warm up for the IM event will start at 6pm for everyone competing in that event. Please note that all cards must be posted by 6pm.

As for previous events, there is an entry fee of £1 for each of the races, except the IM, which will be free to enter for everyone.

Entry Forms can be obtained from Colin Flight. Cards will be issued by 8 June to all swimmers who have completed and returned an Entry Form to either Fiona or Colin

**NEW FEES AND STRUCTURE**

Everyone received a copy of the new Fees and Club Structure back in February, however there are a large number of standing orders for monthly fees that have not yet been amended.

**Please make sure you are paying the correct fees ASAP. If in doubt please email [treasurer@witham-dolphins.org.uk](mailto:treasurer@witham-dolphins.org.uk) or speak with Fiona or Colin who will help you out.**

Colin and Fiona will also be chasing things up !

Please also take note of the sessions that are available for your swimmers category and ensure that you make the most of them

**Open Galas**

You will all have noticed a number of Open Gala Events advertised lately. These events allow our swimmers to compete against swimmers from across the ASA East Region which is essential in their development as a competitive swimmer.

Many of these events are now 'licensed' which means the times swum at these Galas are recorded on the ASA Database. If you want to Swim at the Essex County Championships then your times must be on that Database. Open Galas are currently the only way this can be achieved and everyone is encouraged to attend whenever they can.

Please see Fiona or Colin for more information.